

# *20<sup>th</sup> Bells of Pattingham Run*

*18<sup>th</sup> October*

## **1st Junior Race**

**Approx 3KM**

- Interesting off-road race, multi-terrain course of approx. 3KM running through delightful undulating South Staffordshire countryside.
- The race will start prior to the main race.
- Start & finish on /near Pattingham Village Hall Playing Fields
- The off-road course is clearly sign posted and well marshalled.
- The race will be held under UKA rules and an official Cross Country Race permit obtained from the Midlands County Athletics Association. Third party /Public Liability Insurance is provided by the UKA insurers.
- **Race age categories**  
**Under 13 Boys / Under 13 Girls**  
**Under 15 Boys / Under 15 Girls**  
**Under 17 Boys / Under 17 Girls**  
**Commemorative gift for all junior runners.**  
Ages  
Under 13: Aged 11 on the day of race or aged 12 on 31st August 2009  
Under 15: Aged 13 or 14 on 31st August 2009  
Under 17: Aged 15 or 16 on 31st August 2009
- **Register for an entry form at:**  
**pattingham\_bells\_entry@rocketmail.com**  
**Cost of entry will be £6.00.**  
**No entries on the day.**  
The number of entries will be limited, so apply early.